



SKILLS CAMP

BASKETBALL | JULY 10-13, 2023



FOR BOYS AND GIRLS ENTERING GRADES 4-8 IN THE 2023-2024 SCHOOL YEAR

PLAYERS WILL...

- Learn from experienced college and high school coaches what it will take to get to the next level.
- Practice skills for every part of their game.
- Additional athletic drills to help improve movement and explosiveness
- Gain exposure to position-specific skills/drills that they can take home with them to practice.
- Implement those newly learned concepts in controlled scrimmages.
- Compete and practice with other kids of the same age and/or developmental phase.
- Work in an intense but friendly atmosphere with a 10:1 player-to-coach ratio. This camp is not a day care service, come to camp ready to become a better player!
- Experience firsthand Scranton Prep's beautiful campus and the best high school basketball facility in Northeast Pennsylvania

DAILY SCHEDULE

9:00 am	Warm-up
9:10 am	Agility Stations
10:00 am	Basketball Skills Stations
11:00 am	Daily Challenge
12:00 pm	Lunch
12:45 pm	Daily Clinic/Speaker
1:15 pm	Afternoon Games/Competitions
2:50 pm	Daily Recognitions and Wrap-up
3:00 pm	Dismissal

FREE
Camp T-Shirt
for Every Camper

COST: \$200 per-camper; aftercare and early drop-off is available for an additional cost.
Learn more at: www.scrantonprep.org/athletics
or scan the QR code.

