FOR GIRLS ENTERING GRADES 4-8 IN THE 2023-2024 SCHOOL YEAR. CAMP WILL BE RUN BY COACH ROBERT BEVIGLIA STAFF, AND PLAYERS.

PLAYERS WILL...

- Learn from experienced college and high school coaches what it will take to get to the next level.
- Practice skills for every part of their game.
- Participate in additional drills to improve movement, agility, and explosiveness.
- Gain exposure to position-specific skills/drills that they can take home with them to practice.
- Implement those newly learned concepts in controlled scrimmages.
- Compete and practice with other kids of the same age and/or developmental phase.
- Work in an intense but friendly atmosphere with a 10:1 player-to-coach ratio. This camp is not a day care service, come to camp ready to become a better player!
- Experience firsthand Scranton Prep’s beautiful campus and the best high school basketball facility in Northeast Pennsylvania

DAILY SCHEDULE

9:00 – 9:15 Focus of the Day and Stretching
9:15 – 10:15 Fundamental Skill Stations
10:15 – 10:25 Break
10:25 – 10:40 Offensive Daily Focus
10:40 – 11:00 Offensive Focus Drills
11:00 – 11:20 Fast Break Competition
11:20 – 11:40 3 on 3 Competition
11:40 – 12:20 Lunch
12:20 – 12:35 Defensive Daily Focus
12:35 – 12:55 Defensive Focus Drills
12:55 – 1:00 Break
1:00 – 2:00 Featured Speaker
2:00 – 2:55 Live Controlled 5 on 5 competition
2:55 – 3:00 Revisit Focus of the Day and Dismissal

COST: $200 per-camper; aftercare and early drop-off is available for an additional cost. Learn more at: www.scrantonprep.org/athletics or scan the QR code.